

Counselling & help on the subject of care needs

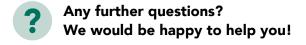


Care needs - what to do next?

The need for care can occur completely unexpectedly and suddenly, or over time.

Many questions then arise for those affected and their relatives:

- How much help do I really need?
- What help is available?
- What type of housing is right for me?
- What needs to be organised so that I can live at home for as long as possible?
- What costs will I incur?
- What services are available for people with dementia?
- What are the options for prevention and rehabilitation?
- What rights and obligations do I have?

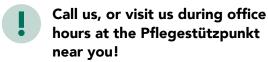


Who do we advise?



We can advise anyone with questions about care, including:

- help in old age;
- children, young people and adults in need of care; and
- relatives, friends and acquaintances.



The advice is given in German, the official language.

How can we help?

We will advise you, among other things, on:

- · how to organise care at home;
- how to organise outpatient assistance, such as meals-on-wheels, home emergency calls, or transport services;
- how to adapt your home to make it suitable for nursing care or senior citizens;
- how to select the right care for people living with dementia;
- how to select a suitable inpatient care facility, and assist you in dealing with the authorities; and
- how to navigate the application process and financing options,

and much more!



Who are we?

Pflegestützpunkte (care support centres) in Rheinland-Pfalz:

- are an impartial, free-of-charge counselling service;
- provide confidential, personalised advice with the help of qualified staff, including home visits, if required;
- · ensure competent, consistent advice;
- help organise voluntary or other forms of support;
- coordinate care options as needed;
- are oriented towards the wishes and needs of those affected; and
- are jointly financed by the health and long-term care insurance funds, the state of Rheinland-Pfalz, the districts and independent cities. They cooperate with the providers of counselling and coordination services.

You can find contact details for the Pflegestützpunkt in your area at:

www.pflegestuetzpunkte-rlp.de



Legal notice

Your notes		

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